

HES Menu Photos- Autumn Winter 2022

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Golden Dippers with Wedges (VE) 	BBQ Chicken with Herby Diced Potatoes 	Tandoori Chicken with Rice 	Roast British Beef 	Omega 3 Fish Fingers with Oven-Baked Chips
Vegetable Biryani (VE) 	Freshly Baked Baguette with a Choice of Filling 	Jacket Potato with Beans(VE), Cheese(V) or Tuna 	Cheesy Tomato Pasta (V) 	Jacket Potato with Beans(VE), Cheese(V) or Tuna
Margherita Pizza with Wedges (V) 	Rustic Italian Meatball Linguine (VE) 	Mac 'N' Cheese (V) 	Mince & Onion Puff (VE) 	Lightly Spiced Rogan Josh with Rice (VE)
Vanilla Ice Cream Tub (V) 	Fruit Jelly (VE) 	Sticky Toffee Pudding & Custard (V) 	Fresh Fruit Platter (VE) 	Marble Cake with Custard

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheesy Tomato Pasta (V)</p> 	<p>Creamy Chicken Korma with Rice</p> 	<p>Sticky Chicken with Jollof Rice</p> 	<p>Sausage Toad in the Hole</p> 	<p>Battered Fish Fillet with Oven Baked Chips</p> 
<p>Jacket Potato with a Choice of Topping</p> 	<p>Freshly Baked Baguette with a Choice of Filling</p> 	<p>Jacket Potato with Beans(VE), Cheese(V) or Tuna</p> 	<p>Creamy Fish Pie</p> 	<p>Cheesy Tomato Pasta (V)</p> 
<p>Sausage Roll with Diced Potatoes (VE)</p> 	<p>Crispy Vegetable Fingers with Wedges (VE)</p> 	<p>Sweet Potato & Chickpea Tikka Masala with Rice (VE)</p> 	<p>Toad in the Hole (VE)</p> 	<p>Mexican Style Fajita with Oven baked Chips (VE)</p> 
<p>Banana Sponge with Custard (V)</p> 	<p>Strawberry Iced Fruit Smoothie (VE)</p> 	<p>Oaty Fruit Crunch with Custard (V)</p> 	<p>Fresh Fruit Platter (VE)</p> 	<p>Vanilla Cookie (VE)</p> 

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger with Wedges 	Honey Mustard Chicken with 50/50 Rice 	Pepperoni Pizza with Potato Dippers 	Beef Mince & Onion Pie with Mash 	Omega 3 Fish Fingers with Oven-Baked Chips 
Cheese & Potato Bake (V) 	Freshly Baked Baguette with a Choice of Filling 	Jacket Potato with Beans(VE), Cheese(V) or Tuna Mayo 	Cheesy Tomato Pasta (V) 	Spanish Style Pieces with Rice (VE) 
Country Bake Burger with Wedges (VE) 	Pasta Bolognese (VE) 	Dippers topped with Cauliflower & Lentil Curry (VE) 	Sausage Casserole & Mash (VE) 	Hot Cheesy Wrap Stack 
Peach & Apple Crumble with Custard (V) 	Raspberry Ripple Arctic Roll (V) 	Fresh Fruit Platter (VE) 	Fruit Jelly (VE) 	Cinnamon Apple Sponge with Custard(V) 