Week 1

18/04/2022, 09/05/2022, 06/06/2022, 27/06/2022, 18/07/2022, 12/09/2022, 03/10/2022.

Monday	Tuesday	Wednesday	Thursday	Friday
	BBQ Chicken with Rice	Roast British Gammon (No Yorkshire Pudding)	Chicken with 50/50 Rice	Omega 3 Fish Fingers with Oven Baked Chips Gluten Free Fish Fingers
	Jacket Potato with a Choice of Topping	Tomato Pasta (V) Gluten Free Pasta, No Lentils in Tomato Based Sauce.	Jacket Potato with a Choice of Topping	Gluten Free Roll with a Choice of Filling
Margherita Pizza with Wedges (V) Gluten Free Pizza Base, No Lentils in Tomato Based Sauce.	Rustic Italian Meatball Linguine (VE) Gluten Free Pasta, No Lentils in Tomato Based Sauce			
Mixed Salad	Broccoli	Carrots	Broccoli	Peas
Carrots	Baked Beans	Spring Greens	Cauliflower	Sweetcorn
Vanilla Ice Cream Tub	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit	Fruit Jelly (VE)	Fresh Fruit Platter (VE)	Gluten Free Shortbread/ Ice Cream Tub/ Iced Fruit Smoothie/ Fresh Fruit

Gluten Free Pizza Base (01502) Allergens: N/A Gluten Free Roll (01051) Allergens: EGG Gluten Free Wrap (06246) Allergens: N/A Gluten Free Pasta (68174) Allergens: N/A

Gluten Free Fish Fingers 01652 - Allergens- Fish

Week 2

25/04/2022, 16/05/2022, 13/06/2022, 04/07/2022, 29/08/2022, 19/09/2022, 10/10/2022.

Monday	Tuesday	Wednesday	Thursday	Friday
	Creamy Chicken Korma with 50/50 Rice	Chicken with Mash & Gravy	Lemon & Herb Chicken with Potato Dippers	Battered Fish Fillet with Oven Baked Chips Gluten Free Fish Fingers
Jacket Potato with a Choice of Topping	Gluten Free Roll with a Choice of Filling		Jacket Potato with a Choice of Topping	Tomato Pasta (V) Gluten Free Pasta, No Lentils in Tomato Based Sauce
			Pasta Bolognaise (VE) Gluten Free Pasta, No Lentils in Tomato Based Sauce	Baked Enchilada (VE) with Mexican Style Rice Gluten Free Wraps, No Lentils in Tomato Based Sauce
Peas	Broccoli	White Cabbage	Mixed Salad	Coleslaw
Baked Beans	Sweetcorn	Carrots	Corn on the Cob	Peas
Iced Fruit Smoothie/ Fresh Fruit / Yoghurt	Gluten Free Shortbread/ Yoghurt/ Fresh Fruit	Fruit Jelly (VE)	Fresh Fruit Platter (VE)	Gluten Free Shortbread/ Yoghurt/ Fresh Fruit

Gluten Free Roll (01051) Allergens: EGG Gluten Free Wrap (06246) Allergens: N/A Gluten Free Pasta (68174) Allergens: N/A

Gluten Free Fish Fingers 01652 - Allergens- Fish

Week 3

02/05/2022, 23/05/2022, 20/06/2022, 11/07/2022, 05/09/2022, 26/09/2022, 17/10/2022.

Monday	Tuesday	Wednesday	Thursday	Friday
		Roast British Beef (No Yorkshire pudding)	Plain Chicken with 50/50 Rice	Omega 3 Fish Fingers with Oven Baked Chips Gluten Free Fish Fingers
Tuna Pasta Salad Gluten Free Pasta.	Jacket Potato with a Choice of Topping	Tomato Pasta (V) Gluten Free Pasta, No Lentils in Tomato Based Sauce.	Gluten Free Roll with a Choice of Filling	
	Margherita Pizza with Wedges (V) Gluten Free Pizza Base, No Lentils in Tomato Based Sauce.		Sweet Potato & Chickpea Tikka Masala with Rice (VE)	Hot Cheesy Quesadilla with Oven Baked Chips (V) Gluten Free Wrap, No Lentils in Tomato Base sc.
Sweetcorn	Baked Beans	Carrots	Corn on the Cob	Peas
Cauliflower	Mixed Salad	Spring Greens	Broccoli	Coleslaw
Iced Fruit Smoothie/ Yoghurt	Gluten Free Shortbread/ Yoghurt/ Fresh Fruit	Fresh Fruit Platter (VE)	Fruit Jelly (VE)	Gluten Free Shortbread/ Ice Cream Tub/ Fresh Fruit

Gluten Free Pizza Base (01502) Allergens: N/A Gluten Free Roll (01051) Allergens: EGG Gluten Free Wrap (06246) Allergens: N/A Gluten Free Pasta (68174) Allergens: N/A

Gluten Free Fish Fingers 01652 - Allergens- Fish